



30 Day

DECLUTTER CHALLENGE



ARE YOU READY FOR NEW BEGINNINGS IN YOUR HOME?

IT'S TIME TO GET RID OF THE OLD. IT'S TIME TO DECLUTTER.

THIS 30-DAY DECLUTTER CHALLENGE BREAKS DOWN WHAT CAN BE AN OVERWHELMING TASK, INTO SMALLER DAILY TASKS TO HELP YOU GET YOUR HOME REFRESHED FOR THE SPRING.

LET'S RECLAIM THE CALM...

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SIMPLE NEAT HOME

Declutter

DAYS 1 TO 10

1 — **BASEMENT (1)**
Sort through basement contents. Dispose of what is old, broken, & no longer used.

2 — **BASEMENT (2)**
Sort through basement contents. Dispose of what is old, broken, & no longer used.

3 — **GARAGE**
Sort through garage contents. Dispose of what is old, broken, & no longer used.

4 — **ENTRYWAY CLOSET**
Sort through everything in your entryway closet and bag what you no longer need.

5 — **KITCHEN TABLE & CUPBOARDS**
Clear all clutter from your kitchen table. Go through cupboards and sort through contents.

6 — **FRIDGE & FREEZER**
Go through fridge and freezer. Get rid of expired goods.

7 — **PANTRY & JUNK DRAWER**
Dispose of expired food items. Sort through junk drawer. Don't forget to sort through your cook/bake/Tupperware and utensils.

8 — **LIVING ROOM**
Sort through and get rid of any old and unused electronics, furniture, & decor.

9 — **LAUNDRY ROOM**
Clean & sanitize laundry appliances. Dispose of old laundry products and supplies.

10 — **LINEN & STORAGE ROOM**
Get rid of really old and unused linens, cleaning products, and supplies.

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DAYS 11 TO 20

11 — **BEDROOM CLOSETS (1)**
Go through your bedroom closet and sort through its contents. Bag donations and items to discard.

16 — **PLAYROOM**
Get rid of broken toys. Donate gently-used and aged-out toys.

12 — **BEDROOM CLOSETS (2)**
Go through your bedroom closet and sort through its contents. Bag donations and items to discard.

17 — **HOME OFFICE & LIBRARY**
Clean out drawers and sort through books. Donate gently-used books.

13 — **BEDROOM CLOSETS (3)**
Go through your bedroom closet and sort through its contents. Bag donations and items to discard.

18 — **MAIL & PAPERWORK**
Sort through receipts, unopened mail, etc...File what's to be kept & shred the rest.

14 — **BEDROOM DRESSERS & DRAWERS**
Sort through dressers and drawers. Bag donations and items to discard.

19 — **STORAGE ROOM (1)**
Sort through contents of your storage room and get rid of trash.

15 — **BATHROOMS & MEDICINE CABINET**
Sort through toiletries, products, expired, and unused medications.

20 — **STORAGE ROOM (2)**
Sort through contents of your storage room and get rid of trash.

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DAYS 21 TO 30

21 — **ADDITIONAL ROOMS**
Go through additional rooms in your house. Get rid of trash, put aside items you'd like to donate.

26 — **DISPOSE OF TRASH (1)**
Sort through and pack up all items to be thrown out.

22 — **ADDITIONAL CLOSETS**
Go through additional closets in your house. Get rid of trash, put aside items you'd like to donate.

27 — **DISPOSE OF TRASH (2)**
Sort through and pack up all items to be thrown out.

23 — **BACKYARD & SHED**
Get rid of any damaged tools, furniture, decor and supplies.

28 — **REORGANIZE (1)**
Go through your now decluttered home and reorganize anything that is out of place.

24 — **CARS**
Empty all compartments, vacuum floors, remove/wash mats, and shampoo seats. Remove & clean car seats.

29 — **REORGANIZE (2)**
Go through your now decluttered home and reorganize anything that is out of place.

25 — **DONATE GENTLY USED ITEMS**
Begin to setup pickups and drop-offs for gently-used items that you are donating.

30 — **REST**
You're done! Kick up your feet, relax, and enjoy your newly refreshed home.

Decluttering Tracker

TICK OFF EACH DAY AS YOU COMPLETE IT

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